

South Lakeland Health & Wellbeing Forum

18th June 2014

2.00pm

Bindloss Room, Kendal Town Hall

Present:

- Dr Alistair Mackenzie, Cumbria CCG - Chair for meeting pending election of permanent chair
- David Fletcher, Elected member CCC
- Brenda Gray, Elected member CCC
- Claire Gould, SLDC
- Phil Greenup, SLDC
- Peter Thornton, Elected member SLDC
- Mark Wilson, Elected member SLDC
- Graham Vincent, Elected member SLDC
- Simon Rowley, SLDC
- Robin Battersby, Cumbria CVS
- Helen Bailey, Cumbria CCG
- Roz Bradshaw, Cumbria CCG
- Jane Mathieson, Public Health CCC
- Karen Johnson, CCC
- Angela Robinson, Cumbria CCG

Welcome and Introductions

Action

- Following introductions Alistair Mackenzie (AM) welcomed everyone and explained that this meeting was the first meeting of the South Lakeland Wellbeing Forum. The main aims of this meeting would be to agree the Terms of Reference and the priorities that this forum could work on collaboratively over the coming year.
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Health & Wellbeing in South Lakeland – setting the scene

Jane Mathieson (JM) presented a health summary for South Lakeland drawn from intelligence provided by the Joint Strategic Needs Assessment (JSNA).

2. The health of people in South Lakeland (SL) is generally better than the England average. Currently around one in four people living in South Lakeland are aged over 65 years. In ten years almost one third of the population will be aged over 65 years.

JM explained how the JSNA is much broader than simply looking at data. It looks at what services are in place and determines what we need by including

the views of all local stakeholders. The JSNA draws out the views of key stakeholders on key things to focus on together. The current JSNA document is valid until 2015 but the County Health and Wellbeing Board has agreed to move the JSNA from a one off document to a continuous process with the newly appointed Director of Public Health's (Colin Cox) accepting this as one of his main priorities.

Individual Organisational Priorities

NHS Cumbria Clinical Commissioning Group

Helen Bailey (HB) did a presentation outlining the local health services priorities. Cumbria CCG's South Lakes Locality priorities are as follows:

- Develop and Deliver Vision for Frail Elderly Services
- Develop a Coherent Urgent Care Model
- Improve Long Term Conditions Management
- Raise Standards and Remodel Primary Care
- Support the delivery of Better Care Together

South Lakeland District Council

Phil Greenup outlined the Public Health and Wellbeing Strategy for 2014-2019. This strategy has been approved by One South Lakeland and the strategic themes are around the following:

3.

- Wider Influences on Health and Wellbeing
- Health Improvement through Healthy Lives and Physical Activity
- Health Protection

Cumbria County Council

Karen Johnson (KJ) explained that the South Lakeland Area Plan for 2014-17 was a large agenda and aspirational. A delivery plan should be in place by Sept 2014. The focus for South Lakeland is around the following:

- Promoting sustainable economic growth and creating jobs
- Supporting Young People to achieve the best that they can
- Improving Health and Wellbeing and Tackling Poverty
- Providing safe and well maintained roads and an effective transport network

Priorities for the Health & Wellbeing Forum

AM asked the group to identify areas that the Health & Wellbeing Forum could work on collaboratively. The three areas agreed were:

4.

- Lifestyle and Behavioural Changes
- Independent Living
- Mental Health

It was recognized that third sector organisations would play a big part in helping with Task and Finish Groups to support the delivery of these priorities.

Agree Terms of Reference & Membership

A discussion took place around the Terms of Reference and Membership and as a number of people had already left the meeting it was not possible to agree a Chair/ Vice Chair. It was agreed however that the Chair or Vice-Chair should ideally be from a third sector organisation. Robin Battersby (RB) said that the CVS would support the Chair / Vice Chair in their role. RB explained that the next CVS forum meeting was being held on the 1st of July 2014 and that he could hopefully recruit 2 voluntary sector representatives to become members of the Forum.

RB

Some additional members were discussed and agreed:-

5. HB explained that the CCG was recruiting a Locality Lay Representative and that they could also provide a lay perspective to the membership and a further link to the work of the CCG.

Clare Gould (CG) agreed to think about the possibility of adding a representative from Cumbria Association of Local Councils (CALC) to the membership.

HB/CG/KJ

KJ agreed to advise who should represent the SL Federation.

The Terms of Reference was agreed by the forum and the membership would be revised to include the suggestions made.

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It was recognized that this forum will need to establish a two way communication process with the County Health and Wellbeing Board. In Furness they have a member who sits on both the County and Local Health & Wellbeing Groups. CG/KJ agreed to establish the most appropriate system for SL.

Schedule of Meetings

6. It was agreed that the South Lakeland Health & Wellbeing Forum should be held on a quarterly basis.

Next Steps

7. KJ agreed to work with HB & CG to identify the potential key actions, timescale and lead for the 3 priority areas and circulate these to the forum. The three priority areas agreed by the forum were:
- Lifestyle and Behavioural Changes
 - Independent Living
 - Mental Health

Date and time of next meeting

8. The next meeting will be held on the 1st of October 2014 at 2pm, Venue to be confirmed

AR