

# Coniston Water & Subberthwaite Common

Follow the undulating eastern lakeshore road under a canopy of trees and then the River Crake to Lowick Bridge hamlet (and pub). You can cycle straight back or load your bikes on to the launch at Water Park Jetty for a more sedate return. Otherwise go further by following quiet lanes across the flank of Subberthwaite Common for a wonderful view over the Woodland Valley. Twisting track and tarmac return you to the lakeshore and the road or launch back.

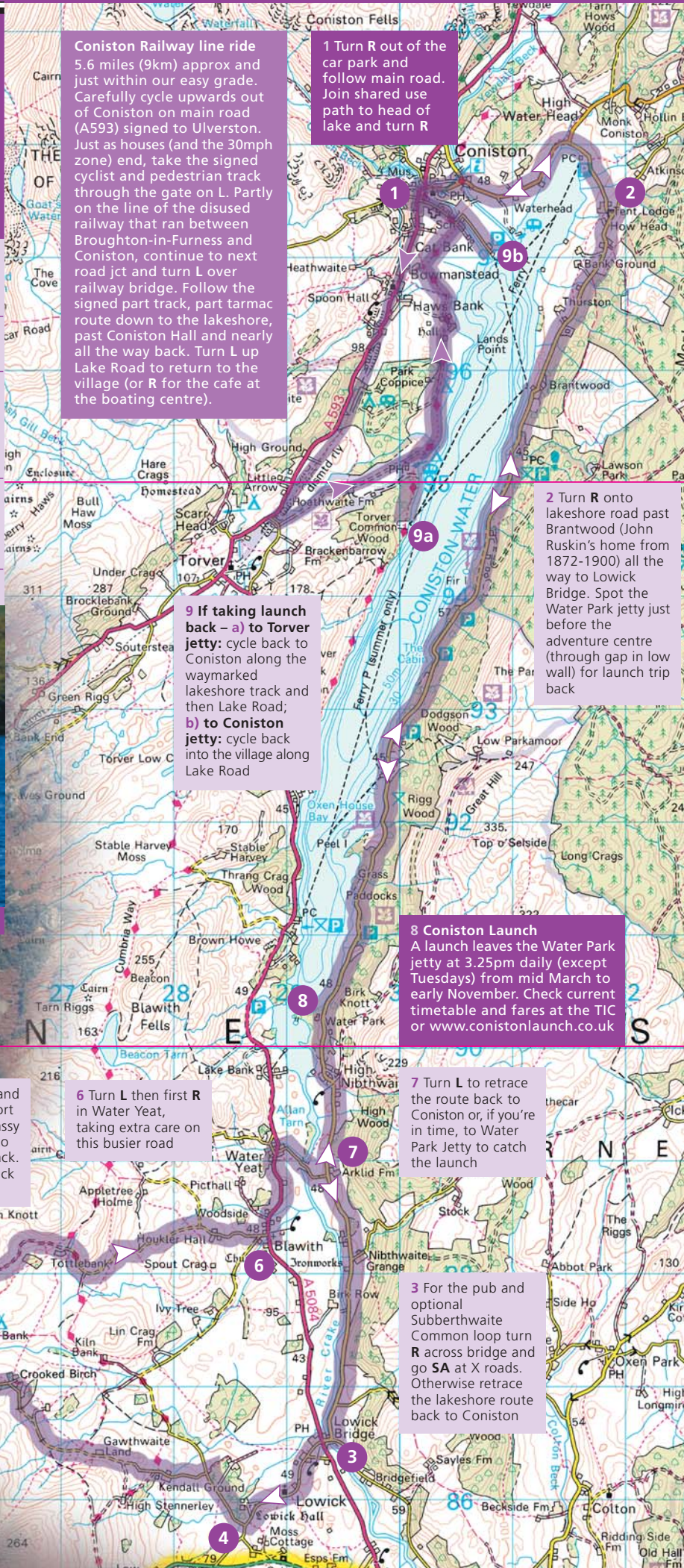
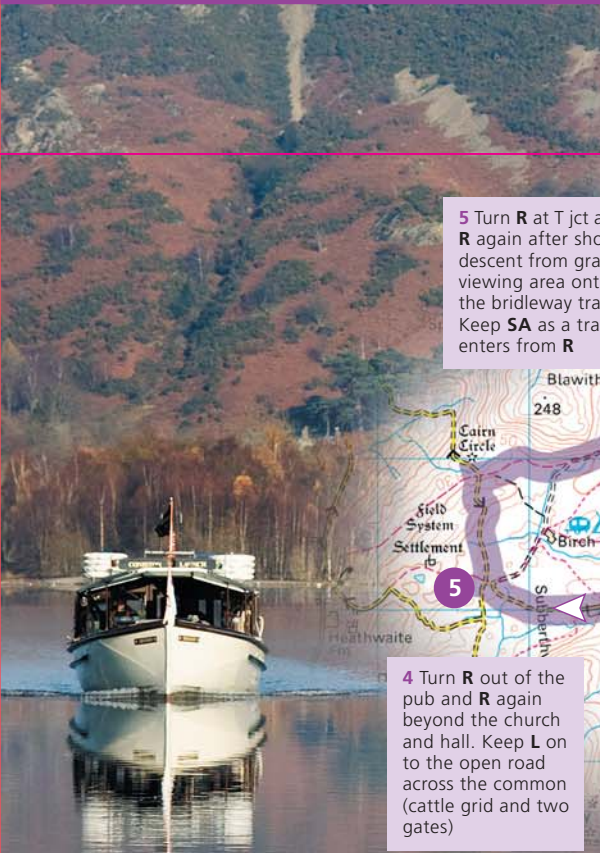
**Start / finish:** Pay & display car park next to Coniston TIC and toilets (or park at Coniston Sports & Social Centre near Shepherd Bridge)

**Distance:** Lowick Bridge and back: 17.5m (28km)  
With Subberthwaite Common loop: 22.5m (36km)

**Grade:** Lowick Bridge and back: Medium-Easy  
With Subberthwaite Common loop: Medium-Moderate. On-road or cycle path, except for short section of track after Subberthwaite Common and Torver jetty

**Refreshments:** Jumping Jenny Coffee House & Restaurant at Brantwood (015394 41715); Red Lion pub at Lowick Bridge (01229 885366); Bluebird Cafe at Coniston Boating Centre

**Public loos:** Monk Coniston car park (head of lake)



**Coniston Railway line ride**  
5.6 miles (9km) approx and just within our easy grade. Carefully cycle upwards out of Coniston on main road (A593) signed to Ulverston. Just as houses (and the 30mph zone) end, take the signed cyclist and pedestrian track through the gate on L. Partly on the line of the disused railway that ran between Broughton-in-Furness and Coniston, continue to next road jct and turn L over railway bridge. Follow the signed part track, part tarmac route down to the lakeshore, past Coniston Hall and nearly all the way back. Turn L up Lake Road to return to the village (or R for the cafe at the boating centre).

**1** Turn R out of the car park and follow main road. Join shared use path to head of lake and turn R

**2** Turn R onto lakeshore road past Brantwood (John Ruskin's home from 1872-1900) all the way to Lowick Bridge. Spot the Water Park jetty just before the adventure centre (through gap in low wall) for launch trip back

**9** If taking launch back - a) to Torver jetty: cycle back to Coniston along the waymarked lakeshore track and then Lake Road; b) to Coniston jetty: cycle back into the village along Lake Road

**8 Coniston Launch**  
A launch leaves the Water Park jetty at 3.25pm daily (except Tuesdays) from mid March to early November. Check current timetable and fares at the TIC or [www.conistonlaunch.co.uk](http://www.conistonlaunch.co.uk)

**5** Turn R at T jct and R again after short descent from grassy viewing area onto the brideway track. Keep SA as a track enters from R

**6** Turn L then first R in Water Yeat, taking extra care on this busier road

**7** Turn L to retrace the route back to Coniston or, if you're in time, to Water Park Jetty to catch the launch

**4** Turn R out of the pub and R again beyond the church and hall. Keep L on to the open road across the common (cattle grid and two gates)

**3** For the pub and optional Subberthwaite Common loop turn R across bridge and go SA at X roads. Otherwise retrace the lakeshore route back to Coniston