



# Welcome to Ulverston



# Ulverston

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This guide includes information for disabled visitors or people with limited mobility in the Ulverston area on:

- Accommodation
- Eating Out
- Other Services
- Leisure and Pleasure



Ulverston Tourist Information Centre  
County Square, Ulverston, Cumbria LA12 7LZ  
Email : [Ulverstontic@southlakeland.gov.uk](mailto:Ulverstontic@southlakeland.gov.uk)  
Website : [www.golakes.co.uk](http://www.golakes.co.uk)  
[www.southlakeland.gov.uk](http://www.southlakeland.gov.uk)



Accommodation suitable for disabled visitors or people with limited mobility in the Ulverston Area

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## Serviced Accommodation

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### **Hill Foot Hotel, Pennington Lane, Ulverston LA12 7SE**

 **01229 580300**

**Email: [hillfoothotel@hotmail.co.uk](mailto:hillfoothotel@hotmail.co.uk)**

**Web: [www.hillfoothotel.com](http://www.hillfoothotel.com)**

Have a double ground floor room with wet room

From £60 prpn

Quality Cumbria

### **St Mary's Mount, Belmont, Ulverston LA12 7HD**

 **01229 583372**

**Web: [www.stmarysmount.co.uk](http://www.stmarysmount.co.uk)**

Have a double/twin ground floor room with wet room but 2 steps from outside into room

From £35 pppn

VB 5 Star

### **The Armadale Hotel, Arrad Foot, Nr Ulverston LA12 7SL**

 **01229 861257**

**Web: [www.thearmadale.co.uk](http://www.thearmadale.co.uk)**

Ground floor family room (sleeps up to 5) with wet room

From £55 prpn

Quality Cumbria

**Visitors should contact the providers direct to verify the details given and to check whether the accommodation is suitable for their needs.**



## Self-Catering Accommodation

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### **Bark Cottage, The Meadows, Lowick Green, Nr Ulverston LA12 8DX**

**☎ (01229) 885416**

**Email: [tannerybarn.freeseerve.co.uk](mailto:tannerybarn.freeseerve.co.uk)**

**Web: [www.barkcottage@tannerybarn.freeseerve.co.uk](http://www.barkcottage@tannerybarn.freeseerve.co.uk)**

Suitable for accompanied wheelchair users

### **Forest Field, Colton, Nr Ulverston LA12 8HF**

**☎ (01229) 861685**

Accessible to a person with restricted walking ability and who may need to use a wheelchair

### **Swarthmoor Hall, Ulverston LA12 0JQ**

**☎ (01229) 583204**

**Email: [info@swarthmoorhall.co.uk](mailto:info@swarthmoorhall.co.uk)**

**Web: [www.swarthmoorhall.co.uk](http://www.swarthmoorhall.co.uk)**

Fully accessible to wheelchair users. Sleeps up to 4 people

### **The Stables, Belmont, Ulverston LA12 7HD**

**☎ (01229) 583372**

**Web: [www.stmarysmount.co.uk](http://www.stmarysmount.co.uk)**

Have a double/twin ground floor room with wet room but 2 steps from outside into room.

**Visitors should contact the providers direct to verify the details given and to check whether the accommodation is suitable for their needs.**



## Toilets

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**Brogden Street** (opposite the Roxy Cinema)

**Coronation Hall**, County Square

**The Gill** (Radar key available from ATS opposite)

(Radar keys available to purchase from Information Centre, Coronation Hall)

## Cafés

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**Booths Café**, Oubas Hill

(01229) 588003

**Brunch Box**, 1 Union Place

(01229) 585556

**Coffee 2**, 14 New Market Street

(01229) 583691

**Gillam's Tearoom**, 64 Market Street

(01229) 587564

**Hot Mango**, King Street

(01229) 584866

**Lighthouse Café**, Oubas Hill

(01229) 581121

**Novel Café**, Market Street

(01229) 584306



## **Poppies Café and Bistro**, 4 Union Street

 (01229) 581128

## **Ship's Wheel**, 11 King Street

 (01229) 580171

## **The Deli(cious)**, 16 King Street

 (01229) 583131

## **Rose Café**, Market Hall

Mon-Sat. Closed Wed

## Restaurants

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## **Bay Horse Inn**, Canal Foot

 (01229) 583972

## **British Raj**, 20 King Street

 (01229) 588104

## **Jade Fountain Restaurant**, 5 Fountain Street

 (01229) 585047

## **Hill Foot Hotel**, Pennington Lane

 (01229) 580300

## **The Mill**, Mill Street

 (01229) 581384

## **Lonsdale House**, Daltongate

 (01229) 582598



**Lotus Chinese Restaurant**, 33 King Street

 (01229) 580005

**Naaz Indian Restaurant**, Queen Street

 (01229) 588947

**Ristorante Rossini**, Queen Street

 (01229) 583961


**Temple Thai**, Cavendish Street

 (01229) 580566


## Banks

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**Barclays**, County Square

 0845 7555555

**HSBC**, New Market Street

 0845 7404404

**Lloyds/TSB** (Pager system available), Union Street

 0845 3000000

**Halifax**, Market Street

 0845 394959

**Bradford & Bingley**, New Market Street

 (01229) 582472



## Building Societies

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**Cumberland**, New Market Street

 (01229) 580525


**Furness**, New Market Street

 (01229) 582924

## Post Office

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**Post Office**, County Square

 0845 7223344

Care Agencies providing care to visitors in the area  
(please call to arrange prior to arrival)

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**Furness Carers**, Hindpool Community Centre, Nelson Street,  
Barrow-in-Furness LA14 1NF

 (01229) 832773

**Twilight Years Ltd**, 114 Rawlinson Street

Barrow-in-Furness LA14 2DG

 (01229) 835200

Email: [twilightyear@btconnect.com](mailto:twilightyear@btconnect.com)



## Chemists

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**J N Murray Ltd**, Market Place

 (01229) 582003

**Boots the Chemist**, Market Street

 (01229) 582049

**H & B (Ulverston) Ltd**, Health Centre, Stanley Street

 (01229) 484050

## Dental Surgeries

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**Fountain Street Surgery (NHS)**

 (01229) 585733

## Dental Emergencies

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**Bay Dental Helpline**

 (01539) 716822

## Doctors Surgeries

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**Doctors Surgery**, Stanley Street

 (01229) 484050

For out of hours (after 6.30pm and before 8.00am)

Baycall 0845 0524 999



## Hospital

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### **Furness General Hospital**

 (01229) 870870

## Taxis (pre-booking is recommended for these companies)

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### **Blue Works**

 (015395) 31995

### **Paul's Taxis**

 (01229) 586669

## Shopmobility

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### **Coronation Hall**, County Square, Ulverston LA12 7LZ

 (01229) 587120

Open Mon – Sat. 10am – 4pm

Latest booking 1 hour before closing. Advanced booking recommended.  
Charges apply.

## Leisure and Pleasure

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### **Conishead Priory**, Priory Road, Ulverston LA12 9QQ

 (01229) 584029

[www.manjushri.org](http://www.manjushri.org)

Disabled parking and toilet. Wheelchair access to Temple, café, shop and ground floor of house



**Coronation Hall**, County Square, Ulverston LA12 7LZ

 (01229) 587140

[www.corohall.co.uk](http://www.corohall.co.uk)

South Lakeland's premier and largest arts and events venue and a hugely popular community location


Fully accessible to all users. However to optimise your experience please advise us of your requirements in advance

**Cumbria Crystal**, Greatdale Ltd, The Lakes Glass Centre, Oubas Hill, Ulverston LA12 7LB

 (01229) 584400

[www.cumbriacrystal.com](http://www.cumbriacrystal.com)

**Lakes Leisure**, Priory Road, Ulverston LA12 9HT

 (01229) 584110/581123

[www.lakesleisure.org.uk](http://www.lakesleisure.org.uk)

Multi-purpose leisure complex with swimming pool.

Fully accessible

**Lantern House**, The Ellers, Ulverston LA12 0AA

 (01229) 581127

[www.lanternhouse.org](http://www.lanternhouse.org)

All accessible except turret. Arts Centre – rooms available to hire

**Library, Kings Road**, Ulverston

 (01229) 894151

Full disabled access to library

**Swarthmoor Hall**, Ulverston LA12 0JQ

[www.swarthmoorhall.co.uk](http://www.swarthmoorhall.co.uk)

Guided tours – access by ramp to Great Hall but no access to upstairs.



## Services Available

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### Accommodation

- Local & national booking service
- Telephone/email booking service

### Events

- Local event information and ticket sales

### Local Services

- Concessionary bus passes
- SLDC car park permits

### For Sale

- Local souvenirs
- Confectionery, stamps and postcards
- Maps, local interest, guide books including bargain books

### Transport (timetables only)

- Travellers Choice
- Dave New Tours
- Local Bus and Train

### Theatre Tickets

- Coronation Hall

## Other Guides available

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- Activities in South Lakeland
- Fishing in South Lakeland
- General Information for Ulverston
- Various walking leaflets
- Ulverston Festivals leaflet
- Ulverston Sense of Place leaflet

## Contact Details

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### Ulverston Tourist Information

County Square, Ulverston,  
Cumbria LA12 7LZ

### General Enquiries

Tel: 01229 587120  
Fax: 01229 588994

### Box Office

Tel: 01229 587140  
Fax: 01229 588994

### Email

[ulverstontic@southlakeland.gov.uk](mailto:ulverstontic@southlakeland.gov.uk)

### Website

[www.golakes.co.uk](http://www.golakes.co.uk)  
[www.southlakeland.gov.uk](http://www.southlakeland.gov.uk)  
[www.corohall@southlakeland.gov.uk](mailto:www.corohall@southlakeland.gov.uk)

### Opening Hours

Summer & Winter:  
Monday – Saturday 10.00am – 4.00pm  
(10.00am – 2.00pm Bank Holidays)

If you would like a copy of this document in another format such as large print, Braille, audio or in a different language, please call **0845 050 4434** or email **customer.services@southlakeland.gov.uk**



# Ulverston Town Centre



Whilst every effort has been made to ensure the information contained in this leaflet is correct, South Lakeland District Council cannot be held responsible for any error or omission. Published by Ulverston Tourist Information Centre. Operated by South Lakeland District Council's Culture & Economy Group. **December 2009**