



Lakeland Fringes Staveley, Ings & Windermere



A ride through the southern fringes of the Lake District from Staveley, with its cafes, galleries and craft studios. The route uses the traffic-free National Cycle Network Route 6 to Windermere and returns through quiet lanes winding between rocky knolls and small valleys. Spectacular views of the Lakeland fells to the north and to the Howgills to the southeast make this a ride to remember.

A train journey from Staveley to Windermere can be incorporated in the ride, so that the scenic ride to the south of the A591 can be enjoyed as a shorter route; a short cut provides further variation in distance. Note that access to the station platform at Staveley involves carrying cycles up a flight of steps.

Start/finish: Staveley Mill Yard (car parking available, with additional on-street parking in village)

Distance:
Staveley - Windermere - Staveley: 10 miles (16 km)
Staveley return via shortcut: 7 miles (11 km)
Windermere Station to Staveley: 6.5 miles (10 km)

Grade: Short - hard. All on-road except stone surfaced track from edge of Windermere to B5284 -1.2 miles (1.9 km). Some steep descents with junctions and bends at bottom which require caution.

Refreshments
Pubs: Staveley, Ings, Windermere
Cafés: Staveley, Windermere

1 Leave Mill Yard, turning R onto Main Street and continue through village. Turn R onto NCN 6 (signed Windermere) before road joins bypass.

2 Continue on NCN 6 towards Windermere, crossing A591 with care at Ings.

3 If taking shortcut, turn L at sign to Black Moss and follow gated, partly unfenced road to join main route near Borwick Fold farm, taking care on downhills leading to gates.

4 On downhill approach to Windermere turn L into Thwaites Lane, pass under railway bridge and keep L into Claife Avenue. At T jct turn L into Droomer Drive and follow bend in road to L.

5 If travelling to Windermere by train, leave station and turn L downhill towards village centre. Take second L (Cross Street) and continue to end. Dismount and walk through footpath link to Orrest Drive, bearing L into Droomer Drive, joining main route at Claife Avenue.

6 Turn R into narrow tarmac lane between houses and immediately before Mill Rise / Mill Brow. Cross humpback bridge and turn R onto stone surfaced track (signed Public Bridleway, School Knott).



7 Follow stone surfaced track with gates (rough in short sections), keeping R at fork where Dales Way branches L.

8 Turn L onto B5284 and L again after 100m onto minor road (signed Cycle Route Ings).

9 Limit speed through Outrun Nook where gate located after blind bend. Pass through Borwick Fold and continue SA at L turn signed Cycle Route to Ings (possible alternative route for return to Staveley).

10 At bottom of descent turn L (footpath signs for Dales Way) and continue over hill, keeping SA past New Hall Farm on short section of unfenced road.

11 Turn L at cross roads and return to Staveley. In centre of village turn R onto Main Street and L into Mill Yard.