

WEEKLY EVENTS HAPPENING AROUND THE DISTRICT: JULY – AUGUST 2010

MONDAY

Type	Event	Location	Dates	Time	Description	Admission price	Contact Tel
Dance	Over 50s Modern Sequence Dancing	Lakes Leisure Kendal, Burton Road, Kendal	All Year	10.15am		£2.45	01539 729777
Workshop/ Course/ Arts & Crafts	Furness Woodturning and Woodcrafts Association	Hartington St Methodist Church Hall, Barrow-in-Furness	All Year (except Bank Holidays)	6.00pm - 9.00pm	Are you interested in woodturning, carving etc? Come along and learn or share your skills. All equipment provided.	£2.00	01229 584831
Music	Discover your Voice	Brewery Arts Centre, Highgate, Kendal	All Year (during term time)	7.30pm – 9.30pm	For people who believe they can't sing but would like to start. Singing made easy and accessible for everyone.	£50.00	015396 21166
Misc	Bingo	Kendal Town Hall	All Year	2.00pm – 3.45pm	Enjoy an afternoon of bingo sessions.	20p	01539 734643
Dance	Line Dance Classes	Winster Village Hall	Until 22 nd Nov	7.00pm – 9.30pm	Lake Stompers. Beginners from 7.00pm, improvers and intermediates from 7.30pm.	£3.50 per person	015394 45187
Talk	Meet the Curator	Blackwell, The Arts & Crafts House, Bowness-on-Windermere	18 th Jan – 20 th Dec	2.00pm	Dr Kathy Haslam will be available in the Main Hall, giving you the opportunity to ask her about aspects of the Arts & Crafts movement, Blackwell and the House collection.	Free	015394 46139
Walk	Deer Watch	RSPB Leighton Moss, Silverdale, near Carnforth	Jul – Aug	July: 7.30pm-9.30pm Aug: 7.00pm – 9.00pm	A relaxing guided walk for all the family to look for our red deer and other summer wild life.	£1.00 - £9.00	01524 701601

WEEKLY EVENTS HAPPENING AROUND THE DISTRICT: JULY – AUGUST 2010

TUESDAY

Type	Event	Location	Dates	Time	Description	Admission price	Contact Tel
Misc	Dowker's Lane Bridge Club	Abbot Hall Social Centre, Dowker's Lane, Kendal	All Year	1.00pm – 4.00pm.	'Chicago' format. Informal and friendly with refreshments.	£1.00	01539 733623
Walk	Walking the Way to Health	Lakes Leisure Kendal, Burton Road, Kendal	All Year	11.00am	Free walk led by trained leaders. Easy, approximately 2 miles. Explore the area, meet people and improve your health! All welcome.	Free	01539 790154
Coffee Morning	Coffee Morning	Methodist Chapel, Princes Street, Broughton-in-Furness	All Year	10.00am – 11.30am	Home made biscuits with coffee, tea or juice.	75p	01229 889572/716640
Music	Lakeland Voices Community Choir	Castle Street, Community Centre, Castle Street, Kendal	All Year (during term time)	7.30pm – 9.30pm	Learn songs by ear from Britain and around the world and sing them in harmony with others. Includes singing walks.	£45.00 for a ten week term	015396 21166
Music	Sing Your Heart Out	Forum 28, 28 Duke Street, Barrow-in-Furness	2 nd Feb – 20 th Jul	7.00pm – 9.00pm	Weekly singing sessions with Ali Rigg. Have you a habit of singing in the bath or in the street? Fancy feeding your addiction? If so, come along!	£2.50 - £4.00	01229 820000
Dance	Line Dance Class	Kelsick Centre, St Mary's Lane, Ambleside	Until 23 rd Nov	7.30pm – 9.30pm	Lake Stompers. Easy, intermediate. Beginners welcome. Please enquire.	£4.00 per class	015394 45187
Misc	Buddhist Meditation Class - Ulverston	World Peace Café, 5 Cavendish Street, Ulverston	5 th Jan – 13 th Jul.	12.30pm – 1.00pm	Guided meditations and simple instructions which help us to develop inner peace.	£3.00 per class or stay for home-made soup afterwards £4.50 inc.	01229 584029

WEEKLY EVENTS HAPPENING AROUND THE DISTRICT: JULY – AUGUST 2010

Talk	Weekly Gallery Talks	Abbot Hall Art Gallery, Kendal	12 th Jan – 14 th Dec	2.00pm	Join a member of the Trust's Curatorial or Educational Team for an informal walking tour of the current temporary exhibition.	£5.75 (free for young people) or free with admission to Gallery.	01539 722464
Music	Silver Songsters	The Acland Room, The Bryce Institute, Burneside	13 th April – 24 th April, 2012	10.00am – 11.30am	Sing-a-long sessions. No vocal musical expertise needed. Not a club choir – just turn up. Warm welcome assured. Refreshments and free raffle.	£2.00	01539 723944
Music	Singing Walks	Various venues – lifts from Castle Street Community Center, Kendal	June/July Only	7.00pm	Join walks through the most beautiful Lakeland landscape, singing songs together from rounds to more challenging harmony.	£6.00 per evening	015396 21166

WEEKLY EVENTS HAPPENING AROUND THE DISTRICT: JULY – AUGUST 2010

WEDNESDAY

Type	Event	Location	Dates	Time	Description	Admission price	Contact Tel
Coffee Morning	Coffee Morning	Methodist Chapel, Kents Bank Road, Grange-over-Sands	All Year	10.00am – 12.00noon	Card and book stalls. Good News Library Van with free loan of books, tapes and videos, first Wednesday each month.	70p	015395 35025
Walk	Guided Garden Walk	Brantwood, Coniston	31 st Mar – 29 th Sep	2.15pm	A 1.5 hour guided walk in Brantwood's woodland estate with 8 unique gardens and spectacular lake views.	£1.20 - £8.50 (free with house or grounds admission)	015394 41396
Workshop/ Course/Arts & Crafts	Knit, Natter, Stitch and Chatter	The Riflemans Arms, 4 – 6 Greenside, Kendal	Until 5 th Dec 2012	7.30 onwards	The pub-based stitch and knit group. All are welcome. An evening of creating and learning with others. Get inspired, get advice and have a good natter .	Free	01539 739939
Dance	Castle Park Sequence Dance Club	Castle Park Primary School, Sedbergh Drive, Kendal	All Year	7.15pm	Modern sequence dancing including teaching new dances as they are invented.	£3.00 per person	01539 736037
Dance	Ballroom and Latin Dance	Endmoor Village Hall	All Year	8.05pm	Ballroom and Latin Dance for pleasure. Private lessons earlier same evening subject to availability – please telephone to confirm.	£4.00	015396 20536
Walk	Guided Tour	Cartmel Priory, Cartmel	7 th Apr – 27 th Oct	11.00am – 2.00pm	Discover 800 years of exciting history. Hear stories of monks, witches and kings.	£1.00 - £2.50	015395 36536

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Type	Event	Location	Dates	Time	Description	Admission price	Contact Tel
Walk	Wednesday Walkabout: Marsh Harrier Magic	RSPB Leighton Moss, Silverdale, near Carnforth	7 th – 28 th Jul	11.00am – 1.00pm	Loot out for young marsh harriers leaving their nest and learning how to use the air beneath their wings.	£1.00 – £9.00	01524 701601
Walk	Wednesday Walkabout: Hot and Wild	RSPB Leighton Moss, Silverdale, near Carnforth	4 th – 25 th Aug	11.00am – 1.00pm	Soak up the reedbed of experience from its wealth of dragonflies and butterflies to our colourful wildflowers.	£1.00 – £9.00	01524 701601

WEEKLY EVENTS HAPPENING AROUND THE DISTRICT: JULY – AUGUST 2010

THURSDAY

Type	Event	Location	Dates	Time	Description	Admission price	Contact Tel
Misc	Pub Quiz	The Ship Inn, Askewgate Brow, Kirkby-in-Furness	All Year	9.00pm	Fun pub quiz with cash prize. Challenge the locals! Good bus and train service to get you home safely.	£1.00 per person	01229 889454
Walk	Walking the Way to Health	Kendal & Staveley. The location varies each week, please ring for details.	All Year	11.00am	Free walk led by trained leaders. Easy, up to 3 miles. Explore the area, meet people and improve your health! All welcome.	Free	01539 790154
Coffee Morning	Coffee Morning	Coronation Hall, Ulverston	All Year	9.30am – 12.00noon.	Coffee mornings held by local communities to raise money for their nominated charities.	80p	01229 588994
Music	Cartmel Singing for Pleasure	Cartmel School, Cartmel	All Year (during term time)	7.00pm – 9.00pm	Learn songs together and sing them in harmony. Singing made easy and accessible for all.	£50.00 (per term)	015396 21166
Misc	Bingo	Kendal Town Hall	All Year	2.00pm – 3.45pm	Enjoy an afternoon of bingo sessions.	20p	01539 734643
Misc	Whist Drive	Kendal Town Hall	All Year	7.30pm – 9.30pm	Whist drive in aid of local charities.	£1.00	01539 728018
Misc	Buddhist Meditation Class - Dalton	Dalton Library, Nelson Street, Dalton	14 th Jan – 15 th Jul except the following dates: 18 th Feb, 1 st & 8 th Apr, 27 th May & 3 rd Jun.	7.30pm – 9.00pm	An evening of practical advice and guided meditation exploring Buddhist teaching on how to find a peaceful and meaningful life.	£5.00 per class	01229 584029
Misc	Buddhist Meditation Class - Kendal	CancerCare Lakes Centre, Blackhall Road, Kendal	14 th Jan – 15 th Jul except the following	7.30pm – 9.00pm	An evening of practical advice and guided meditation exploring Buddhist teaching on how to	£5.00 per class	01229 584029

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Type	Event	Location	Dates	Time	Description	Admission price	Contact Tel
			dates: 18 th Feb, 1 st & 8 th Apr, 27 th May & 3 rd Jun.		find a peaceful and meaningful life.		
Misc	Buddhist Meditation Class - Barrow	Pastures New (Room above), 64-70 Scott Street, Barrow-in-Furness	14 th Jan – 15 th Jul except the following dates: 18 th Feb, 1 st & 8 th Apr, 27 th May & 3 rd Jun.	7.30pm – 9.00pm	Learn the art of positive thinking and meditation through which we can overcome our daily problems and experience pure happiness.	£5.00 per class	01229 584029
Misc	Buddhist Meditation Class - Ulverston	World Peace Café, 5 Cavendish Street, Ulverston	14 th Jan – 15 th Jul except the following dates: 18 th Feb, 1 st & 8 th Apr, 27 th May & 3 rd Jun.	7.30pm – 9.00pm	The general programme classes are open to all. They provide a basic introduction to Buddhist teachings and meditations.	£5.00 per class	01229 584029
Misc	Buddhist Meditation Class - Ulverston	World Peace Café, 5 Cavendish Street, Ulverston	7 th Jan – 15 th Jul.	12.30pm – 1.00pm	Guided meditations and simple instructions which help us to develop inner peace.	£3.00 per class or stay for home-made soup afterwards £4.50 inc.	01229 584029
Walk	Guided Garden Walk	Brantwood, Coniston	1 st Apr – 30 th Sep	2.15pm	A 1.5 hour guided walk in Brantwood's woodland estate with 8 unique gardens and spectacular lake views.	£1.20 - £8.50 (free with house or grounds admission)	015394 41396

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Type	Event	Location	Dates	Time	Description	Admission price	Contact Tel
Workshop/ Course/Arts & Crafts	Ruskin Lace Demonstration	Brantwood, Coniston	22 nd Apr – 14 th Oct	11.00am – 5.00pm	Demonstration of the fascinating art of Ruskin lace making held in Ruskin's drawing room throughout the day.	£1.50 - £6.95	015394 41396
Food	Ulverston Country Market	Coronation Hall, Ulverston	11 th Feb – 9 th Dec (Exp 25 th Mar)	9.00am – 11.45am	Cake stalls, preserve stall, fresh produce and craft stalls.	Free	01229 869363
Dance	Crook Folk Dance Group	Memorial Hall, Crook	Until 15th July	7.30pm – 10.00pm	Dancing mainly Playford to present day folk dances, some American style dances and Scottish influences. A friendly group welcoming beginners.	£1.50	015395 64026

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FRIDAY

Type	Event	Location	Dates	Time	Description	Admission price	Contact Tel
Dance	Kendal Sequence Dance Club	Assembly Room, Kendal Town Hall	All Year	7.15pm - 9.45pm	Enjoy an evening of modern sequence dancing, with the opportunity to learn many new dances. Visitors welcome! Please call in advance to confirm the venue.	£3.50	01539 736037/ 738022
Food	Barbecue	The Ship Inn, Askewgate Brow, Kirkby-in-Furness	All Year	6.00pm - 9.00pm	All-weather barbecue in our purpose built barbecue hut. Different meats each week with vegetarian options available. Seats 16. Cosy 17 th century pub.	£2.50 per person	01229 889454
Walk	Guided Garden Walk	Brantwood, Coniston	2 nd Apr – 1 st Oct	2.15pm	A 1.5 hour guided walk in Brantwood's woodland estate with 8 unique gardens and spectacular lake views.	£1.20 - £8.50 (free with house or grounds admission)	015394 41396

WEEKLY EVENTS HAPPENING AROUND THE DISTRICT: JULY – AUGUST 2010

SATURDAY

Type	Event	Location	Dates	Time	Description	Admission price	Contact Tel
Dance	Social Sequence Dancing	Lindale Village Hall, near Grange-over-Sands	All Year	7.30pm – 10.00pm	Excludes 2nd Sat each month. Please ring for details. Price includes refreshments. Beginners welcome.	£2.50	01539 725569
Coffee Morning	Coffee Morning	Coronation Hall, Ulverston	All Year	9.30am – 12.00noon	Coffee mornings held by local communities to raise money for their nominated charities.	50p	01229 587140
Coffee Morning	Coffee Morning	Kendal Town Hall	All Year	9.30am – 12.00noon	Charity coffee morning raising funds for local organisations. Cake stall and raffle. Enjoy a coffee in an informal atmosphere.	70p - £1.00	01539 797515
Misc	Conishead Priory Guided Tours	Conishead Priory, 2 miles South of Ulverston on A5087 Coast Road	6 th Mar – 11 th Dec except the following dates: 22 nd & 29 th May; 5 th Jun; 17 th , 24 th & 31 st Jul; 7 th & 14 th Aug; 16 th & 23 rd Oct.	2.00pm and 3.30pm	Fascinating tour of temple and historic house brings alive the spiritual and healing work at Conishead since 1160.	Adults £2.50, children free	01229 584029

WEEKLY EVENTS HAPPENING AROUND THE DISTRICT: JULY – AUGUST 2010

SUNDAY

Type	Event	Location	Dates	Time	Description	Admission price	Contact Tel
Walk	Guided Garden Walk	Brantwood, Coniston	4 th Apr – 26 th Sep	2.15pm	Alternate Sundays. A 1.5 hour guided walk in Brantwood's woodland estate with 8 unique gardens and spectacular lake views.	£1.20 - £8.50 (free with house or grounds admission)	015394 41396
Misc	Conishead Priory Guided Tours	Conishead Priory, 2 miles South of Ulverston on A5087 Coast Road	7 th Mar – 12 th Dec except the following dates: 23 rd & 30 th May; 6 th Jun; 18 th & 25 th Jul; 1 st , 8 th & 15 th Aug; 17 th & 24 th Oct	2.00pm and 3.30pm	Fascinating tour of temple and historic house brings alive the spiritual and healing work at Conishead since 1160.	Adults £2.50, children free.	01229 584029
Music	Summer Sunday Music	Brewery Arts Centre, Highgate, Kendal	18 th Jul – 29 th Aug	1.00pm	Free entertainment, in the form of a live band, for all the family in the Brewery garden.	Free	01539 725133

Updated 20th May 2010

South Lakeland District Council is not responsible for any use or safety aspect connected with any of the activities advertised in this leaflet and users of any activity should check all aspects of use and safety with the operative for themselves before embarking on any activity.

Whilst every reasonable effort is made to check event information, the occasional error or change to a programme is bound occur. We apologise for any inconvenience which may be caused.