

Food and Drink



Kendal

£1

This guide includes information on:

- Cafes
- Fish and Chips
- Pubs and Bars
- Restaurants and Hotel Restaurants
- Nightclubs
- Pubs outside Kendal











Kendal Tourist Information Centre
Town Hall, Highgate, Kendal, Cumbria LA9 4DL
Email : kendaltic@southlakeland.gov.uk
Website : www.golakes.co.uk
www.southlakeland.gov.uk



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KEY to Symbols

 Wheelchair Access & Downstairs Toilet	 Children welcome
 Accessible toilet	 High Chair
 Special Diets	 Baby Changing
 Groups welcome	 Dogs welcome
40 No. of seats available	



Cafes

Abbot Hall Art Gallery Coffee Shop

Kirkland

☎ 01539 722464

Mon - Sat: 10.30am-5pm (closing at 4pm in Feb, March, Nov, Dec). Closed Christmas-mid Jan. Licensed cafe. Home-made meals and cakes prepared daily.

♿ WC ♿ G ♿ HC 40

Artisan

(Within Booths) Wainwright's Yard

☎ 01539 742370

Mon-Sat: 8am-6pm. Sun: 10am-3pm
Breakfasts until 11.30am. Savouries, sandwiches, specialities, desserts & cakes. Local produce.

♿ WC ♿ G ♿ HC ♿

Baba Ganoush

Berry's Yard, Finkle Street

☎ 01539 731072

Mon-Sat: 8am-4.30pm
Home soups & cakes etc. Coffees, paninis. Delicatessen.

♿ 10

BBs Coffee & Muffins

20-22 Westmorland Shopping Centre

☎ 01539 741298

Mon-Sat: 8am-5.30pm

Sundays: 10am-4pm

Muffins, baguettes, soup, pastries.

♿ WC ♿ G ♿ ♿ 60 + 20 outside HC

Beales Department Store

Cafe Nova

Finkle Street

☎ 01539 720404 ext 221

Mon-Sat: 9am-5pm

(last food orders at 3.45pm)

Beverages & light lunches.

Internet Access.

♿ WC ♿ ♿ G ♿ HC ♿ 80

Beales Restaurant on 1

Finkle Street

☎ 01539 720404 ext.209

Mon-Fri: 9.30am-4.30pm

Sat: 9.00am-4.30pm

First Floor Restaurant. All day breakfasts
Coffee, lunches, afternoon tea
Home-made traditional fayre.

♿ WC ♿ ♿ HC ♿ 120

Brewery Arts Centre Intro Cafe Bar

Highgate

☎ 01539 725133

Mon-Sat: 10am-11pm

Serving speciality coffees, teas, home-made cakes, soft drinks and alcoholic beverages. Soup & sandwiches available from 11.30am - 2.30pm.

♿ WC ♿ HC ♿ 35

Brewery Arts Centre Warehouse Cafe

Highgate

☎ 01539 725133

Sun-Thurs: 9am-6pm Fri-Sat: 9am-11pm

Serving speciality coffees, teas, home-made cakes, soft drinks and alcoholic beverages. Also, paninis and crepes 11am-3pm. WIFI.

Cafe 34

34 Stramongate

☎ 01539 726494

Mon-Sat: 8.30am-4.30pm

Breakfasts, light lunches, snacks, speciality teas and coffees, licensed.

WC ♿ ♿ G ♿ HC ♿ 18



Cafes

Cafe M

Westmorland Shopping Centre

☎ 01539 740358

Mon-Sat: 9am-5pm

Fresh sandwiches, cakes & savouries to take away.

♿ WC ♿ V G ♿ HC ♿ 132

Caffe Nero

Market Place

☎ 01539 722071

Mon-Sat: 7.30am-6pm. Sun: 9am-5pm.

Coffee, paninis, snacks.

WIFI.

Charlie's Cafe Bar

95 Stricklandgate

☎ 01539 740898

Mon-Sat: 9am-5pm

Morning coffee, lunches and afternoon teas. Garden seating.

♿ WC ♿ V G ♿ HC ♿ 60 inside 30+ outside

The 1657 Chocolate House

54 Branthwaite Brow

☎ 01539 740702

Mon-Sat: 9.30am-5pm

Sun: Holidays only

Range of beverages, soups, hand made gateaux.

G (advanced booking) 50

Costa

Elephant Yard, Stricklandgate

☎ 01539 738313

Mon-Sat: 7am-6pm. Sun: 9am-5pm

Range of Italian coffees.

Pastries, Italian-style sandwiches.

♿ WC ♿ V G ♿ 40

Cottage Kitchen

28a Finkle Street

☎ 01539 722468

Daily: 8am-5pm Sun: 10am-4pm

Hot & cold menu: Sandwiches and daily hot specials. Street café in fine weather!

♿ G HC 16 + 22 outside

Dickie Doodle's Cafe Bar

Yard 2, Stricklandgate

☎ 01539 738480

Open daily during the day in summer and at Christmas.

Evenings: 8pm-12.30am.

Licensed cafe serving teas, coffee, light snacks, main meals and bar meals.

♿ G 35

Farrers Coffee Shop

13 Stricklandgate

☎ 01539 731707

Mon-Sat: 9am-4.45pm

(Shop open until 5.30pm)

Speciality teas and coffees. Home-made cakes, soups and savouries. Outside seating.

♿ ♿ HC ♿ 65

Finkles

Yard 34, Finkle Street

☎ 01539 727325

See under "Restaurants" for opening times.

Coffees & meals 9am-5.30pm

♿ G ♿ HC 120

Infusion

24 Finkle Street

☎ 01539 720547

Mon-Sat: 11am-9.45pm

Coffees.

♿ WC ♿ V G ♿ 40



Cafes

Joshua Tree

Stramongate

☎ 01539 737223

Mon-Sat: 9am-5pm

Coffee, cakes, light lunches.

Hampers Tea Room

14 New Shambles

☎ 01539 726420

Mon-Fri: 9.30am-3.30pm

Sat: 9am-3.30pm

Closed Sundays & Bank Holidays

Local recipes, home-made soups, scones, cakes, salads and traditional main meals.

✓ 36 🍷

Market Coffee Bar

Indoor Market, Westmorland Shopping Centre

☎ 01539 740486

Mon-Sat: 9am-4pm

Snacks & light lunches.

✓ G 🍷 36

McDonalds

71 Stricklandgate

☎ 01539 733799

Mon-Sun: 6am-10pm

WIFI.

♿ HC WC ✓ G 🍷 ➔ 60

The Master's House Tearoom

Highgate

☎ 01539 720723

April -Sept: Tues-Sat: 10am-5pm.

Oct - March: Wed-Sat only 10am-4pm

Light lunches, teas, home-cooking and baking.

♿ ✓ G 🍷 HC 35 + 10 outside

Prelude of Kendal

Library Road

☎ 01539 732929

Mon-Sat: 9am-5pm

Fresh home-cooked food. Private evening functions (16 or more persons)

Take away buffets.

♿ ✓ G 🍷 HC 52

Quaker Tapestry Tea Rooms

Friends Meeting House

Stramongate

☎ 01539 722975

April-Oct: Mon-Fri: 10am-4.30pm

Nov-March: Mon-Fri: 10am-3.30pm

Open certain Saturdays 11am-3pm

Home-made vegetarian cuisine.

Lite bites, lunches and afternoon teas.

♿ WC ✓ G 🍷 HC ➔ 35-45 + 8 outside

Sphere Cafe/Bar

21a Stramongate

☎ 01539 725858

Sun-Thurs: 11.30am-11pm

Fri-Sat: 11.30am-1am

Meals: Sun-Thurs 11am-9pm

Fri-Sat: 11am-5pm

Subway

13 Market Place

☎ 01539 733722

Mon-Fri: 8am-6pm

Sat: 9am-6pm. Sun: 10.00am-4.30pm.

Sandwiches, snacks and drinks.

♿ ✓ G 🍷 50



Cafes

Union Jack Cafe

15 Kirkland
☎ 01539 722458
Mon-Fri: 8am-4pm. Sat: 8am-3.30pm
Home-made 'specials' including
vegetarian; cakes made daily. Table
licence. Full English Breakfasts - all day!
♿ ♿ ♿ HC ♿ 47

Waterside Wholefoods Vegetarian Cafe

Kent View, Waterside
☎ 01539 729743
Mon-Sat: 8.30am-4.30pm
Morning coffee, lunches, teas. All food
home-made. Some organic produce
Tables overlooking river
(Fair Trade products).
♿ ♿ ♿ HC 38 + 18 outside

Fish & Chips

Far Cross Cottage

26 Longpool
☎ 01539 722717
Tues-Thurs: 11.30am-2pm and 4.30pm-
8.30pm. Fri: 11.30am-9pm
Sat: 11.30am-7.30pm

Frydays

New Road
☎ 01539 736000
Mon-Wed: 5pm-9pm
Thurs, Sat & Sun: 5pm-9.30pm
Fri: 5pm-10pm

Fryer Tux

167 - 9 Highgate
☎ 01539 729696
Daily except Sun. 11.45am-1.45pm
& 4.30pm-9.30pm. Seating Area.

Yard 46 Emma's Coffee Shop

Yard 46
Branthwaite Brow
☎ 738080
Mon-Sat: 10am-4pm
Home-made cakes, light meals.
Table licence.
♿ ♿ ♿ HC 50 + 20 outside

Trav's Chippy

6 Anchorite Fields, Kirkbarrow
☎ 01539 724292
Mon - Thurs: 5pm-9.30pm
Fri & Sat 11.30am-1.30pm & 5pm-10pm
Sun: 5pm-9pm

Stramongate Chip Shop

74 Stramongate
☎ 01539 723152
Mon - Sat: 11.30am-1.30pm
Mon - Wed: 5pm-8pm Thur: 5pm-10pm
Fri: 4.30pm-10pm Sat: 4.30pm-9pm

The Wee Chippy

68 Natland Road
☎ 01539 740388
Tues - Sat 11.30am-1.30pm & 4.30pm-
7.30pm **& Brunch Bar**
Mon-Fri: 8.30am-2pm. Jacket potatoes,
soup, sandwiches, cooked breakfasts.



Pubs & Bars

Alexanders

Castle Green Hotel

☎ 01539 797017

Open: 12pm-11pm daily

Meals: 12pm-9.30pm daily

Real Ale. Large screen tv.



Black Swan

Allhallows Lane

☎ 01539 737393

Mon-Fri:3pm-11pm Sat-Sun:12pm-12am

Real Ale. Open fire. B&B.

Bootleggers

24 Finkle Street

☎ 01539 723824

Open: Mon-Thurs: 10.30am-11pm

Fri/Sat:10.30am-1am. Sun: 12pm-10.30pm

Live bands Sun, Mon, Thurs & Fri.

Open fire. 100 capacity Function Room. WIFI.

Brewery Arts Centre

Highgate

☎ 01539 725133

Intro Bar: Open: Mon-Sat 10am-11pm.

Vats Bar: Open: Mon-Sun - approx 11am-11pm.

Food: Mon-Fri: 11.30am-2.30pm &

5.30pm-9.30pm. Sat & Sun:11.30am-9.30pm.

Real ale. Beer Garden.



Bridge Hotel

Stramongate

☎ 01539 724170

Open: Mon-Thurs: 11.30am-12.30am

Fri-Sat:11.30am-1.30am

Meals: Mon-Sat: 12pm-2pm & 5pm-8pm

Sun: 12pm-7.30pm

Real Ale. Large screen tv. Games Room

Beer Garden. Open fire. B & B - 3 rooms.



Burgundy's Wine Bar

Lowther Street

☎ 01539 733803

Open: Thurs-Sat: 11am-3.30pm

Tues-Sat:6.30pm-12am

Sun: 7pm-late. Closed Mon

Occasional meals. Real Ale. Large screen tv. Beer Garden. Live Music Thurs.

Castle Inn

Castle Street

☎ 01539 729983

Open: Daily 11.30am-11pm.

Meals: 12pm-2pm. Real Ale. Games Room.



Dickie Doodles

Yard 2, Stricklandgate

☎ 01539 738480

11.30am-3pm & 8pm-12.30am

(7pm-1am Fri & Sat)

Meals daily. Real Ale. Beer Garden

Children welcome - daytime only. Live Music most nights. Free admission.



Duke of Cumberland Inn

Appleby Road

☎ 01539 724054

Open: Mon-Sat: 11am-11pm

Sun: 12pm-11pm. Meals: Mon-Sat:

11am-9pm Sun:12pm-9pm

Real Ale. Function Room. Beer Garden.

Open fire. 5pm-9pm.



Dun Horse

Stramongate

☎ 01539 728190

Open: Daily 11.30am-late

Meals: Mon-Sat: 12pm-7pm

Large screen tv. Live Music. Pool table

B&B - 10 rooms.





Pubs & Bars

Fleece Inn

Highgate

☎ 01539 720163

Open: Daily 11am-12am

Meals: Winter 12pm-4pm Summer: 12pm-6pm.

Function Room. Open fire. Occasional live music. Resident DJ Fri-Sat.



George & Dragon

Branthwaite Brow

☎ 01539 726600

Sun-Thurs: 12pm-11pm. Fri & Sat: 12pm-12am

Function room, large screen tv beer garden, games room.



Globe Inn

8 Market Place

☎ 01539 740905

Open: Mon-Sat: 11am-11pm.

Sun: 12pm-11pm.

Meals daily: Mon-Sat: 11am-3pm & 6.30pm-8.30pm. Sun:12pm-7pm

Real Ale.

The Heron

Heron Hill

☎ 01539 737571

Open: Sun-Thur: 12pm-11pm.

Fri/Sat:12pm-12am. Meals: Tues-Sun:

12pm-3pm & 6pm-8.30pm daily. Real Ale.

Large screen tv. Beer Garden. Open fire.

Games Room. Live music every third Sat.



Idols

Kent Street

☎ 01539 736653

Open: Mon-Wed: 7pm-11pm. Thurs-Fri

7pm-12am. Sat 12pm-12am.

Sun 12pm-2am.

Function Room. Large screen tv. DJ.



Kendal Arms

Milnthorpe Road

☎ 01539 720956

Open: Mon-Thurs: 12pm-3pm & 5pm-

11pm. Fri-Sat: 12pm-11.30pm. Sun

12pm-10.30pm

Meals: 12pm-2.30pm & 6pm-8pm

Quiz Sun 8.30pm

Real Ale. Function Room. Beer Garden

Games Room. Large screen tv. B&B - 8 rooms.



Last Orders Inn

Allhallows Lane

☎ 01539 739887

Open: Mon-Sat: 11am-11pm

Sun: 12pm-10.30pm

Large screen tv. Games Room.



Masons Arms

22 Stramongate

☎ 01539 724200

Open: Mon-Thur 12pm-1am. Fri/Sat

12pm-2am.Sun 12pm-1am

Meals: Tues-Sat 12pm-2pm

Function Room. Beer Garden. Games

Room. Large screen tv. B & B - 4 rooms.

(until 8pm)

New Inn

98 Highgate

☎ 01539 722484

Open: Daily 12pm-12am. Meals daily

12pm-3pm. Coffee. Large screen tv

Function Room. Beer Garden. Games

Room. Dogs on lead. Occasional live

music & Karaoke.

B & B - 4 rooms.

(until 8pm)



Pubs & Bars

Oddfellows Arms

Burneside Road

☎ 01539 722459

Open: Daily 11am-11pm

Function Room. Beer Garden.

🐕(on lead) 🐾(well behaved)

Prince of Wales Feathers

Wildman Street

☎ 01539 722433

Open Daily: 12noon - 1am

Beer Garden. Games Room. Occasional live music. B&B.



Rainbow Tavern

32 Highgate

☎ 01539 728271

Open: Sun-Thurs: 11am-11pm

Fri-Sat:11am-12am

Meals: Daily 11am-2pm

Real ale. Beer Garden. Function Room.

Large screen tv. Occasional live music & DJ. Games Room. B&B-12 rooms. Car Park.



Rifleman's Arms

☎ 0871 917 0007

Greenside

Open: Mon-Fri: 6pm-12am

Sat & Sun: 12pm-12am

Real ale. Function room. Folk music Thursday.



Sanctuary Bar

Riverside Hotel

☎ 01539 734861

Open: Daily 11.30am-late

Meals: Daily 12pm-2pm & 6pm-9pm

Real Ale. Function Room. Large screen tv.



Sawyers Arms

Stricklandgate

☎ 01539 729737

Open: Daily 10am-midnight

Real ale. Large screen tv. Pool table

Music every Saturday. B&B - 8 rooms.

🐕🐾 (until 9pm)

Shakespeare Inn

Highgate

☎ 01539 724069

Open: Mon-Sat 11am-11pm

Meals: Daily 12pm-3pm & 6pm-8pm

Real ale. Beer Garden. Large screen tv

B&B - 5 rooms.

🐾(with meals)

Sphere Wine Bar

21a Stramongate

☎ 01539 725858

Open: Sun - Thu 11am-10.30pm

Fri-Sat 11am-1am. Meals: Sun-Thu

11am-9pm. Fri-Sat 11am-5pm.

Union Tavern

Stricklandgate

☎ 01539 724004

Open: Daily 12pm-11pm

Meals: Daily 12pm- 2pm & 6.30pm-8pm

Real ale. Occasional live music. Games

Room. B&B - 9 rooms.



Victoria Tavern

Longpool

☎ 01539 722409

Open: Sun-Fri 12pm-12am

Sat 11am-late

TV. Beer Garden. Open fire. Occasional

live music. B&B occasionally.





Pubs & Bars

Wetherspoons (The Miles Thompson)

Allhallows Lane

☎ 01539 815710

Open: Sun-Thur 9am-11pm Fri & Sat 9am-12am. Meals: 9am-10pm. Real ale Plasma screens. Beer Garden. WIFI.

🍺 (until 9pm)

Wheatsheaf

Kirkland

☎ 01539 724224

Open: Daily 12pm-11pm

Meals: Mon-Wed 12pm-2pm Thurs-Sun 6pm-8pm

Real ale. Large screen tv. Beer Garden

Open fire. Games Room.

🍺 (with meals) 🍻 (in bar only)

White Hart

Highgate

☎ 01539 724109

Open: 11am-2am - approx

Meals: Daily 11.30pm-6pm

Real ale. Large screen tv. Open fire. Beer Garden. Disco. B&B - 3 rooms.

🍺 🍻

Restaurants

Beijing House

181 Highgate

☎ 01539 738686

Sun-Thurs: 5pm-12am.

Fri & Sat: 12pm-2.30pm & 5pm-12am

Thai & Cantonese Restaurant.

🍴 🍷 🍺 HC + 90

Bengal Restaurant

20 Blackhall Road

☎ 01539 722711

Sun-Thurs: 5.30pm-11.30pm

Fri & Sat: 5.30pm-12.30am

Wide variety of Indian food - also English and vegetarian.

🍴 🍷 🍺 75

The Brewery Arts Centre

Grain Store Restaurant

Highgate

☎ 01539 725133

Mon-Sun 10am-2.30pm & 5.30pm-9pm

Food also served on outside terrace.

♿ WC 🍴 🍷 🍺 HC 🍻 70

Bridge Street Restaurant

1 Bridge Street

☎ 01539 738855

Tues-Sat: 12pm-2pm. Tues-Thurs: 7pm-

9pm. Fri-Sat: 6.30pm-9pm

🍴 🍷 HC 🍺 44

Chang Thai Restaurant

54a Stramongate

☎ 01539 720387

Tues-Sat from 5.30pm

🍴 🍷 32



Restaurants

Deja Vu French Restaurant

124 Stricklandgate

☎ 01539 724843

Daily from 5.30pm. Closed Tues

French a la carte.

✓ G 🍷 36

Eastern Balti

22 Wildman Street

☎ 01539 724074

Daily: 6pm-12am

✓ G 🍷 + 40

Finkles

Yard 34, Finkle Street

☎ 01539 727325

March-Oct daily 9am-9pm. Nov-Feb:

Mon-Thurs: 9am-5.30pm. Fri & Sat: 9am-

9pm. Sun: 10am-3pm

Traditional, Italian and French cuisine, children's menu, special early evening menu. Pets welcome.

✓ G 🍷 HC 120

Infusion

24 Finkle Street

☎ 01539 720547

12pm-9.45pm

Italian cuisine.

✓ G 🍷 114

Lovefish

36 Kirkland

☎ 01539 720638

Tues-Fri: 12pm-3pm & 6pm-10pm.

Sat: 12pm-10pm Sun: 12pm-6pm.

✓ 🍷 HC 32

Mumbai

8 Stramongate

☎ 01539 723787

Sun-Thurs: 5.30pm-11.30pm Fri & Sat

5.30pm-12am. Indian cuisine.

✓ G 🍷 60

New Moon

129 Highgate

☎ 01539 729254

Tue-Fri: 11.30am-2.15pm & 5.30pm-

9pm. Sat 11.30am-2.15pm & 6pm-

9.30pm. Closed Sun & Mon. Modern

British Cookery. Local produce.

♿ WC ✓ G HC

Paulo Gianni's Ristorante Italiano

21a Stramongate

☎ 01539 725858

Daily: 12pm-2pm & 5.30pm-10.30pm

Mediterranean food and wine. Extensive

menu with Specials board. Happy Hour

daily:- 12pm-2pm & 5.30pm-6.30pm &

all night Monday.

♿ WC ✓ G 🍷 HC 80

Pizza Express

3 Wainwright's Yard

☎ 01539 728598

Mon-Sun: 12pm-10pm

except Fri-Sat 12pm-11pm

♿ WC ✓ G 🍷 HC 84

Rice Bowl

3 Stramongate

☎ 01539 735005

Mon-Sat: 5pm-11pm

Tues-Sun: 11am-2pm

✓ G HC 38



Restaurants

River Fortune Chinese Restaurant

1 South Road

☎ 01539 740899

Sun-Thurs: 5pm-11pm

Fri & Sat: 5pm-11.30pm

Sunday lunch: 12pm until 2pm

Happy Hour Sun-Fri: 5pm-7pm

(not bank holidays)

✓ G 🍷 HC 🍷 70

Rococo Joe's

Stramongate

☎ 01539 734655

Tues-Sat 10am-11pm. Sun: 4pm-

10.30pm Closed Sun & Mon

Food served daily 12pm-9pm, & until
10pm on Fri & Sat. Pizza & Italian food.

G 🍷 HC 🍷 60

The Royal Thawa

8 Kent Street

☎ 01539 728413

Lunch: 12pm-2pm Dinner: 5pm-12am

Fri-Sat: 5pm-1am

50

Silver Fortune Chinese Restaurant

104/106 Stricklandgate

☎ 01539 738838

Daily: 11.30am-2.00pm

Sun-Thurs: 5pm-11.30pm

Fri & Sat: 5pm-12am

✓ G 🍷 70

Wambambo

101 Highgate

☎ 01539 723123

Open: 5pm-late

Modern Chinese.

✓ HC G 60



Hotel Restaurants

Catherine's Restaurant

Stonecross Manor Hotel
84 Milnthorpe Road
☎ 01539 733559
Daily: 12pm-2pm & 6.30pm-8.45pm
♿ WC ♿ V G ♿ HC 34

The County Hotel Ltd

Station Road
☎ 01539 722461
Daily: Dinner at 6.30pm
Booking essential.
V G 65

The Greenhouse Restaurant

Castle Green Hotel, Castle Green Lane
☎ 01539 734000
Mon-Thur: 6pm-9.30pm
Fri-Sun: 6pm-10pm
Serving modern British cuisine
AA rosette awarded restaurant.
♿ WC ♿ V G ♿ HC 80

Riverside Restaurant

Stramongate Bridge
☎ 01539 734861
Daily: 6.30pm-8.45pm. Riverside setting.
V G ♿ HC 60

Nightclubs

Passion

Kent Street
☎ 01539 736653
Open: Fri & Sat 11pm-3am
Entry charge. £2.00 off with flyer from
Idols on Fridays. Food Bar.

Route 66

42 Market Place
☎ 01539 726600
Fri & Sat: 10pm-3am

Pubs Outside Kendal

Blue Bell

Heversham LA7 7EE
☎ 015395 62018

Brown Horse

Winster LA23 3NR
☎ 015394 43443

Derby Arms

Witherslack, LA11 6RH
☎ 07807 518749

Duke William

42 Main Street, Staveley LA8 9LN
☎ 01539 821447

Eagle & Child

Kendal Road, Staveley LA8 9LP
☎ 01539 821320

Gateway Inn

Crook Road, Kendal LA8 8LX
☎ 01539 724187

Gilpin Bridge Inn

Levens LA8 8EP
☎ 015395 52206

Hare & Hounds

Bowland Bridge LA11 6NN
☎ 015395 68333



Pubs Outside Kendal

Hare & Hounds

Levens LA8 8PN
☎ 015395 60408

Jolly Anglers

Burneside LA9 6QS
☎ 01539 732552

Mason's Arms

Strawberry Bank LA11 6NW
☎ 015395 68486

Punchbowl

Barrows Green LA8 0AA
☎ 015395 60267

Punchbowl

Crosthwaite LA8 8HR
☎ 015395 68237

Punchbowl

Underbarrow LA8 8HQ
☎ 015395 68234

Station Inn

Oxenholme LA9 7RF
☎ 01539 724094

Strickland Arms

Sizergh LA8 8DZ
☎ 015395 61010

Sun Inn

Crook LA8 8LA
☎ 01539 821351

Watermill

Ings LA8 9PY
☎ 01539 821309

Wheatsheaf

Brigsteer LA8 8AN
☎ 015395 68254



Services Available

Accommodation

- Local & national booking service
- Telephone/email booking service
- British holiday guides

Events

- Local event information and ticket sales

Local Services

- Concessionary bus passes
- SLDC car park permits

For Sale

- Local souvenirs
- Sweets, stamps and postcards
- Maps and books including bargain books
- Wide range of Kendal mintcake

Transport

- Stagecoach Explorer tickets and Goldrider tickets

Contact Details

Kendal Tourist Information

Town Hall, Highgate, Kendal, Cumbria
LA9 4DL

General Enquiries

Tel: 01539 797516

Accommodation Bookings & Guide

Tel: 01539 797502

Fax

01539 734457

Email

kendaltic@southlakeland.gov.uk

Website

www.golakes.co.uk
www.southlakeland.gov.uk

Opening Hours

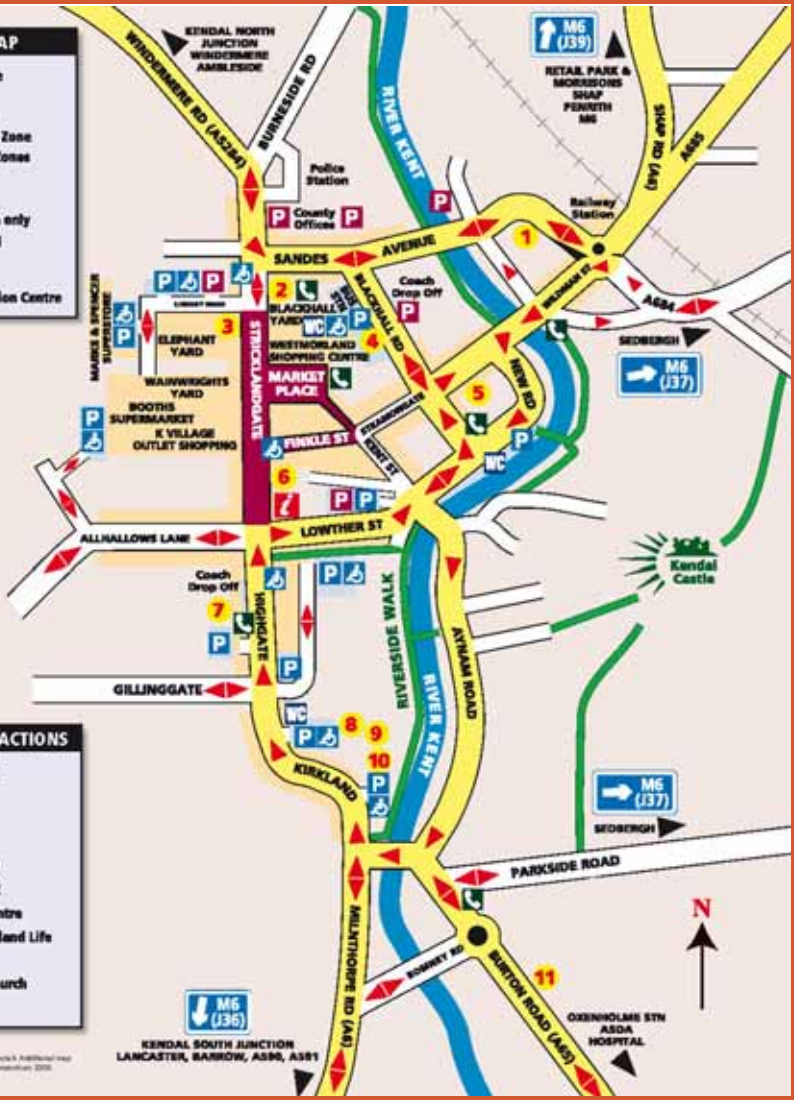
Monday - Saturday
Summer: 10.00am - 5.00pm
Winter: 10.00am - 4.00pm

Other Guides available

- Accessible Guide to Kendal
- Activities in South Lakeland
- Antique Dealers, Art Galleries & Antiquarian Book Shops
- Clubs & Societies
- Fishing in South Lakeland
- General Information
- Places of Worship in Kendal

KEY TO MAP

- Main Route
- Roads
- Footpaths
- Pedestrian Zone
- Shopping Zones
- Traffic Flow
- Car Park
- Car Park Sat/Sun only
- Disabled Parking
- Toilet
- Telephone
- Tourist Information Centre



GUIDE TO ATTRACTIONS

- 1 Kendal Museum
- 2 Post Office
- 3 Library
- 4 Shopmobility
- 5 Quaker Tapestry
- 6 Town Hall / SLDC
- 7 Brewery Arts Centre
- 8 Museum of Lakeland Life
- 9 Abbot Hall
- 10 Kendal Parish Church
- 11 Lakeland Leisure

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