



Clubs and Societies



Kendal

75p

This guide includes information on:

- Music and the Arts
- Environmental/Conservation Groups
- Dancing
- Other Local Groups
- Other Hobbies and Interests
- Sports and Clubs
- Walking Groups
- Young People



Kendal Tourist Information Centre
Highgate, Kendal, Cumbria LA9 4DL
Email : kendaltic@southlakeland.gov.uk
Website : www.golakes.co.uk
www.southlakeland.gov.uk



Contents

	Page
Music and the Arts	3-4
Environmental/ Conservation Groups	4
Dancing	5
Other Local Groups	6-7
Other Hobbies and Interests	8-9
Sports Clubs	9-12
Walking Groups	12
Young People	13



Music and the Arts

Allegrì Singers

Owen Davies
☎ 015396 21261

Amabile Girls Choirs - Ages 5-18

Cathy Parsons
☎ 015242 72476

Brewery Poets

Patricia Pogson
☎ 01539 821304

Burneside Amateur Theatrical Society

Gordon Lawson
☎ 01539 727142

Burneside Brass

Stuart Bell
☎ 01539 720977

Cumbria Baroque Choir (formerly Madrigal Singers)

M Pattinson
☎ 015395 60338

Flutes & Co

☎ 015395 60054

Friends of Lakeland Arts Trust

☎ 015394 46139

Friends of the Brewery

☎ 01539 725133

Hale & Hearty Singers Folk Club

Frank Lewis
☎ 01524 401203

Harps North West

Irene Mower
☎ 015395 63522

K Shoes Male Voice Choir

Bill Entwistle
☎ 01524 831957

Kendal Amateur Operatic Society

Joan Carnaffin
☎ 01539 720172

Kendal Art Society

E.M. Bottomley, 29, Lowther Street
☎ 01539 720560 (Day)

Kendal Choral Society

Mrs P Dent
☎ 01539 740198

Kendal Concert Band

Mr J Quincy
☎ 01539 722088

Kendal & District Gilbert and Sullivan Society

Sue Richardson
☎ 015396 22163

Kendal Jazz Club

Jim Hadfield
☎ 01539 728050

Kendal Mid-Day Concert Club

E Howe
☎ 01539 725768
Mrs. Barton (programmes)
☎ 015395 60622

Kendal Parish Church Bellringers

Mrs Jackson
☎ 01539 722838

Kendal Photographic Society

Mr B Wright
☎ 015396 21567

Kendal Recorded Music Society

Mr Hewlett
☎ 01539 722697

Kendal Recorders

Marleen Phillips
☎ 01524 784934



Music and the Arts (continued)

Kendal South Choir

Dee Chamberlain
☎ 01539 723128

Lakeland Sinfonia

Pam & Tim Keegan
☎ 01539 722533

Lakeland Voice

David Burbidge
☎ 015396 21166

Lakes Gospel Choir

🌐 www.lakesgospelchoir.co.uk
Email: info@lakesgospelchoir.co.uk

Levens Choir

Joyce Tedcastle
☎ 015395 67583

Literary Group

Miss Fisher
☎ 01900 813444

Mary Wakefield Festival

Mrs Howell
☎ 01539 736193

Milnthorpe Steel Band

☎ 01524 734770

Pro Nobis Choir

Mr and Mrs Walkley
☎ 01539 723482

South Lakeland Decorative & Fine Arts Society

Mrs Dene Mitchell
☎ 015394 48720

Staveley Amateur Operatics Society

Sheila Halden
☎ 01539 722820

Westmorland Orchestra

Mirvine Barden
☎ 01524 381979

Westmorland Youth Orchestra

David Boxford
☎ 015395 60054

Environmental/Conservation Groups

Cumbria Wildlife Trust

☎ 01539 816300

Friends of Kendal Castle

C Bell
☎ 01539 741080

Friends of the Earth

Mrs M Sanders
☎ 01539 740237

Friends of the Lake District

☎ 01539 720788

Kendal Civic Society

K P Hovey
☎ 01539 720388

South Lakeland Action On Climate Change

Sonny Khan
☎ 01539 740694



Dancing

Ballroom and Latin Dance Group

J & B Douglas
☎ 015396 20536

Brigsteer Scottish Dancing Club

Pauline Hampson
☎ 015395 68672

Crook Folk Dance Club

Alan Headch
☎ 01229 861545

Crook Morris

Martin Harvey
☎ 01539 720551
Sally Robinson
☎ 01539 821875

Ibis Saturday Club

Margaret / Stan Armer
☎ 01539 737162 / 01539 725720

Janette Leach School of Dance

☎ 01524 734039

Kendal Leisure Centre Over 50's

O & L Buckle
☎ 01539 736037

Kendal Scottish Country Dance Club

M. Edmondson
☎ 01539 727087

Kendal Sequence Dance Club

O & L Buckle / David Marriott
☎ 01539 736037 / 738022

Lakes Scottish Country Dancing Club

Pauline Hampson
☎ 015395 68672

Leasgill Sequence Dancing

Carole & Brian
☎ 015395 67698

Legs Levens (Appalachian Dance Team)

Chris Riley
☎ 015395 60534

Le Roc (modern jive)

Kath
☎ 078 8564 9655

Lindale Dance Club

J Thompson
☎ 01539 725569

Margaret Hetheringtons School of Dancing

☎ 01229 828248

Stagecoach (Ages 6 - 16)

☎ 01539 730849

Strictly Ballroom & Latin Come Dancing

Carole & Brian
☎ 015395 67698

Tango Workshop

Martin
☎ 01539 723470

Taylor School of Dance & Theatre Arts (for children)

☎ 01524 736320

Unitarian Chapel (Popular Sequence)

Norman Garrat
☎ 01539 725091

Westmorland Step & Garland Dancers

Kathy Trimmer
☎ 015396 23273

Wilde Dance School

Mark or Denise
☎ 015242 76455

Windermere Scottish Country Dancers

☎ 01539 720062



Other Local Groups

Aglow International

Doreen Sorenson
☎ 01539 732113

Amnesty International

Kerry Jones
☎ 015394 43579

Breathe Easy Support Group - Kendal

Jude Hodsoll
☎ 015395 61042

Castle Street Seniors

Ann Brayshaw
☎ 01539 731821

Cumberland and Westmorland Antiquarian & Archaeological Society

Helen Holmes
☎ 01539 720217

Cumbria Westmorland Federation of Women's Institutes

☎ 01539 720921

Greenside Friends & Neighbours Group

Marilyn Molloy
☎ 01539 720407

Inner Wheel Club of Kendal

Mrs B Roy
☎ 015396 20785

Kendal CND

M Tahernia
☎ 01539 724660

Kendal Lions Club

Mr D Shaw
☎ 01539 728035

Kendal Natural History Society

Mrs J Robinson
☎ 015395 61078

Kendal Probus Club

Mr M Procter
☎ 01539 725077

Kendal Rinteln Association

Richard Pealing
☎ 01539 727304

Kendal Rotary

Mr Peter H Sutcliffe
☎ 01539 728341

Kendal Round Table

Andrew Hill
☎ 01539 721613
Mr B Pickthall
☎ 015395 60280

Kendal Trefoil Guild

Nadine Scott
☎ 01539 737566

Kendal & South Westmorland Liberal Club

☎ 01539 724230

Lakes Line Rail User Group

M Conway
☎ 01539 726285

MIXX (over 35) (Singles Social Network)

Avis Keen
☎ 01524 782468

Mothers' Union

St George's Church
Mrs Atkinson
☎ 01539 726634

National Women's Register

Carole Bayne
☎ 01524 735310

Oaklea Trust (Leisure Club for Adults & Children with learning disabilities)

☎ 01539 735025



Other Local Groups (continued)

Rosemary Conley Diet & Fitness Club

Katy Whiteman
☎ 01539 733378

Royal British Legion

(Kendal & District)
CFO Office
☎ 01539 734411

Royal Observer Corps Association

Mr R W Hutton
☎ 01229 585888

South Lakeland Vegetarians

Mrs Ranjan-Amin
☎ 01539 735004

South Lakes Society for the Blind

☎ 01539 742633

South Lakeland World Development Movement

Dave Cope
☎ 01539 729599

South Lakes U3A (University of the Third Age)

Margaret Sutherland
☎ 01539 725394

Stricklandgate House

Centre for Voluntary Organisations in
South Lakeland,
92 Stricklandgate
☎ 01539 742600

St. George's Church Fellowship

Mrs I Aitken
☎ 01539 721387

Transition (South Lakes)

Gail Clegg
☎ 01539 821696

Weightwatchers

☎ 08457 123 000

Westmorland Geological Society

Mr Kettle
☎ 01539 720790

Westmorland & Lonsdale Constituency Conservative Party

Constituency Office, 112 Highgate.
☎ 01539 721010

Westmorland & Lonsdale Constituency Labour Party

Robin Yates
☎ 01539 733252

Westmorland & Lonsdale Liberal Democrats

Tim Farron MP
Stricklandgate
☎ 01539 723403

WRVS

☎ 01524 411364



Other Hobbies & Interests

Alexander Technique

Fellside Centre, Low Fellside

J McDowell

☎ 01539 733045

Bird Club (Cumbria)

I Kinley

☎ 01539 727133

Bridge Club

Audrey Howe / Eric Fall

☎ 01539 733623 / 01539 738484

Eddington Astronomical Society

Stuart Atkinson

☎ 01539 725626

Family History Society

Mrs K Hayhurst

☎ 01524 781613

Kendal Chess Club

John Dobson

☎ 01539 721116

Kendal Duplicate Bridge Club

☎ 01539 822100

Kendal & District Engineering Society

David Stocks

☎ 01539 724026

Kendal & District Philatelic Society

Philip Gerrard

Email: philipgerrard@btinternet.com

Kendal Model Aeroplane Club

Mr Brian Armstrong

☎ 079 0844 5907

Kendal Model Railway Club

I Conway

☎ 01539 733844

Kendal & South Westmorland Bee Keepers Assoc.

Roger Blocksidge

☎ 01539 734436

Kendal Wine Club

Andy Bell

☎ 01539 727911

Knitting & Craft Club

A Pattinson

☎ 01539 729252

Lakeland Dialect Society

Mrs Scott-Smith

☎ 01931 716386

Lakeland Fly Dressers

Mike Harper

☎ 015395 68509

Lakeland Horticultural Society

Shirley Dean

☎ 01539 821060

Lakes Flower Club

Mrs E Gardner

☎ 01539 721122

Natland Craft Club

Diana Langstaff

☎ 015395 60606

Romney Society

Mr M Orram

☎ 015395 61210

Spinners, Weavers & Dyers

Anna Atkins

☎ 015396 20031

Stephenson Locomotive Society

Eric Bartlett

☎ 01539 720706

Talk International

French, German, Spanish

Conversation Groups

☎ 01539 725133

Wainwright Society

☎ 01539 721374



Other Hobbies & Interests (continued)

Westmorland Caledonian Society

Bert Suttie
☎ 015395 63977

Westmorland Horticultural Society

Miss Carlisle
☎ 01539 741267

Whist Drives

Mrs Wilson
☎ 01539 728018

Wool Craft Club

Marika
☎ 01539 730882

Write around the VAT

Caroline Moir
☎ 01539 722705

Sports Clubs

Badminton Clubs

Branthwaite

K. Armer
☎ 01539 732022

Burneside Badminton Club

Roy Swidenbank
☎ 01539 723707

Kendal Badminton Club

C Thompson
☎ 01539 741032
S Gilpin (for juniors)
☎ 01539 727299

Natland Badminton Group

Mr G Murray
☎ 079 7262 0465

Strickland

A Broomby
☎ 01539 721759

Zion

W.E. Park
☎ 01539 726389

Bowling (Crown)

Abbot Hall

Ken Brookshaw - ☎ 01539 723679

Burneside Bowling Club

Mrs A Slinger - ☎ 01539 723973

Netherfield

Mrs Hoggarth - ☎ 01539 726948

Tenterfell (Kendal subscription)

Miss Ion - ☎ 01539 731798

Victoria

Mrs A Oswald - ☎ 01539 733284



Other Sports and Leisure Groups

Aikido Club

John Taylor
☎ 01539 773518

Ambleside Hockey Club (Kendal based)

G Munday
☎ 01539 724928
☎ 079 0707 3738

Burnside Cricket Club

Maurice Scott
☎ 01539 723982

Chojinkai Karate

Mr D James
☎ 016974 73239

Football Clubs

All enquiries to Westmorland Football Association
☎ 01539 730946

Helm Hill Runners

Chris Spate
☎ 01539 730203

Ibis Cricket Club

Ken Coulston
☎ 01539 726458

Ibis Table Tennis Club

Peter Rushton
☎ 01539 733201

Kendal Amateur Boxing Club

Mr Willoughby
☎ 01539 724372

Kendal Amateur Swimming Club

🌐 www.kendalasc.org.uk
Email: info@kendalasc.org.uk

Kendal Athletics Club

Lesley Wright
☎ 01524 781056

Kendal Bowmen

Graham Cheeseman
☎ 01539 740282

Kendal Cricket Club

☎ 01539 724269

Kendal Dry Ski Club

01539 732948 During opening hours
0845 634 5173 Information

Kendal Fencing Club

Martin Oldham
☎ 01539 726399

Kendal Judo Club

Mike Liptrot
☎ 077 0896 8194

Kendal Junior (Under 16) Hockey Club

Andrea Elvis
☎ 01539 725583

Kendal Kung Fu & Kick Boxing Club

M Lavender
☎ 077 6784 4939

Kendal Ladies Hockey Club

Andrea Elvis
☎ 01539 725583

Kendal Ladies Netball Club

Keiley Kent
☎ 01539 722165

Kendal Lawn Tennis Club

Kate Hampson
☎ 01539 738617

Kendal Men's Hockey Club

Duncan Rhodes
☎ 01539 731938

Kendal Open Table Tennis Club

P & J Dixon
☎ 01539 724498 or 079 6841 2827



Other Sports and Leisure Groups (continued)

Kendal Putting Association

K White

☎ 01539 741197

Kendal Rifle & Pistol Club

☎ 079 8302 4866

Kendal Rugby Club

☎ 01539 734039

Kendal School of Gymnastics

☎ 01539 731273

Kendal Shotokan Karate Club

Mr Sonu Mana

☎ 01539 724746

Kendal Squash Club

Shaun Gorman

☎ 01539 727359

Kendal Town Football Club

Parkside Road

☎ 01539 727472

Kendal Trampoline Club

Michael Job

☎ 079 7005 0314

Kendal Water Polo Club

Mark Robinson

☎ 01539 723102

Kendal Wrestling Academy (Cumberland & Westmorland)

P J & N Hayhurst

☎ 01524 781602

Kendal & District Angling Club

T Ryan

☎ 01539 735481

Kendal & District Cycle Scene

Steve Warner

☎ 01539 734867

Kendal & District Table Tennis League

Tony March

☎ 01524 730002

Kendal & District Tennis League

Dot Davies

☎ 015395 32241

Kent Valley Road Club

Richard Belk

☎ 01539 721133

Kent (Westmorland) Angling Association

Mr CT Preston

Green Court, Arkholme, Carnforth LA6 1AU

Lake District Ski Club

John Burrows

☎ 01539 737182

Lakeland Academy of Ju-Jitsu

Richard Smith

☎ 077 1853 0346

Lakeland Canoe Club

John Watkins

☎ 01539 734245

Lakeland Climbing Centre

☎ 01539 721766

Lakeland Cross Country Ski Club

John Hooson

☎ 01539 736590

Lakeland Orienteering Club

Jackie Chapman

☎ 01539 733346

Lakes Riding Club

Karen Wilkinson

☎ 077 6721 8554

Natland & Oxenholme Indoor Bowling Club

Mr Cason

☎ 015395 60790



Other Sports and Leisure Groups (continued)

Natland & Oxenholme Table Tennis Club

Rosie Law
☎ 01539 731837

Netherfield Cricket Club

Ian Heath
☎ 015395 60141

Oxenholme Pony Club

Sarah Lacey
☎ 015242 42575

Peppers Snooker Club

Sandes Avenue
☎ 01539 735470

Phoenix Judo Club

Steve & June Lee
☎ 01539 729382

Sedgwick Cricket Club

Jayne Dalzell
☎ 015395 60800

Sub Aqua Club

Gary Davies
☎ 079 7727 6276

Table Football

Chris Wrigley
☎ 015395 61241

Westmorland Croquet Club

Nancy Gregory
☎ 015395 63806

Walking Groups

Escape

Derek Walmsley / Pauline Dennison
☎ 01229 832434 / 01539 736707

Footloose

Simon Hughes
☎ 01229 581798

K Fellfarers

Roger Atkinson
☎ 01539 732490

Kendal Fellwalkers

Stuart Marshall
☎ 01539 733571

Kendal Mountaineering Club

🌐 www.kendalmc.org.uk
email: information@kendalmc.org

Kendal Ramblers

Pauline Goodridge
☎ 01539 720544

Kendal Ramblers 20s & 30s Group (Summit Good)

Robert
☎ 077 7398 6512

South Lakes Walking Club

Pauline Lawson
☎ 01539 737971



Young People (see also Dancing Section)

Beavers/Cubs/Scouts

Tim Keegan

☎ 01539 721776

Boys Brigade

Nicholas Dobson

☎ 078 9412 2571

Brewery Arts Centre

Various Dance, Theatre, Film Clubs

☎ 01539 725133

Brownie/Rainbow/Guides

Mrs Scott

☎ 01539 737566

Helen O'Grady Children's Drama Academy

☎ 01229 838811

Kendal Lads and Girls Club

c/o Young Cumbria

☎ 015395 36032

Kendal Majorettes

Jackie Hall

☎ 077 6731 7693

Princes Trust Volunteers

Matt Goslin

☎ 01229 844741

☎ 078 1808 4006

Sea Cadets

Officer in Charge

☎ 01539 733440

Tumble Tots

Rose Thompson

☎ 01539 824036

Westmorland Youth Orchestra

David Boxford

☎ 015395 60054

Young Archaeologists

Anna Hall

☎ 01539 721374



Services Available

Accommodation

- Local & national booking service
- Telephone/email booking service
- British holiday guides

Events

- Local event information and ticket sales

Local Services

- Concessionary bus passes
- SLDC car park permits

For Sale

- Local souvenirs
- Sweets, stamps and postcards
- Maps and books
- Wide range of Kendal mintcake

Transport

- Stagecoach Goldrider tickets

Contact Details

Kendal Tourist Information:

Town Hall, Highgate, Kendal, Cumbria
LA9 4DL

General Enquiries:

Tel: 01539 797516

Accommodation Bookings & Guide:

Tel: 01539 797502

Fax:

01539 734457

Email:

kendaltic@southlakeland.gov.uk

Website:

www.golakes.co.uk

www.southlakeland.gov.uk

Opening Hours:

Monday - Saturday

Summer: 10.00am - 5.00pm

Winter: 10.00am - 4.00pm



Other Guides available

- [Accessible Guide to Kendal](#)
- [Activities in South Lakeland](#)
- [Antiques, Art & Books in Kendal](#)
- [Fishing in South Lakeland](#)
- [Food & Drink in Kendal](#)
- [General Information on Kendal](#)
- [Places of Worship in Kendal](#)



Base Map © South Lakeland District Council. Additional map
 attributes © Kendal Retail Marketing Consortium 2008.

Whilst every effort has been made to ensure the information contained in this leaflet is correct, South Lakeland District Council cannot be held responsible for any error or omission. Published by Kendal Tourist Information Centre. Operated by South Lakeland District Council. **March 2010.**